

## Additional information for our jumpers

- Please ensure you have read the Health Warning Notice regarding the Bungee Jump, a copy of which is enclosed with this letter, alternatively you can download it from our website [www.marthatrust.org.uk/bungee](http://www.marthatrust.org.uk/bungee)
- Glasses and hard contact lenses cannot be worn when jumping.
- If you are wearing boots/high-top or slip-on shoes, please be prepared to remove them.
- The maximum weight limit for a solo jumper is 120kg (18.9 stone) and the waist harnesses must fit the waist size of 40cm (15.7 inches) to 125cm (49.2 inches)

Bungee on the Beach is a St Michael's Hospice event and therefore is covered by their Public Liability Insurance. All event risk assessments, event management plans and first aid arrangements have been overseen by St Michael's Hospice.

In the event of adverse weather, the event will be postponed and an alternative date will be arranged by St Michael's Hospice. Sadly no refunds will be issued.

## On the day information

Please aim to arrive at least one hour prior to your jump. Enjoy the music, watch the jumpers take to the sky, visit the charity village marquee and grab a bite to eat.

There is no onsite parking, the event organisers recommend using street parking or nearby carparks along the seafront.

Please make your way to the St Michael's Hospice hub that is situated within the large, white marquee. We will swiftly check your name on the schedule and sign you in. You will then make your way to the bungee, sign your medical waiver and be harnessed up. 😊

You know what happens next!

Eat at the Stade have kindly offered all participants and their immediate family 10% discount on all purchases in the restaurant. Why not take advantage of this and grab some lunch once you have registered.

